

MINUTES: Healthy Carolinians of Macon County – Steering Committee

DATE: March 10, 2010

PLACE: Health and Human Services Building

TIME: 10:00 AM – 12:00 N

ATTENDEES: Rhonda Blanton, Lisa Hilliard, Anne Hyder, Kathy McGaha, Holly Rogers, Yvonne Smith, Jim Thurmond and Martin Wadewitz

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Marty Wadewitz welcomed everyone to today’s meeting of the Steering Committee. Mr. Wadewitz asked the committee members to review the minutes from the last meeting. Anne Hyder motioned for the approval of the minutes. Lisa Hilliard 2 nd the motion, with a unanimous vote for approval.		
Committee Updates	<p>Marty Wadewitz asked for an update on the following committees or task forces:</p> <p><u>Access to Care Committee</u> – Lisa Hilliard, Chair</p> <ul style="list-style-type: none">• Ms. Hilliard informed the committee members that a celebratory luncheon is being held this afternoon in honor of the opening of the Free Clinic in Franklin.• Jim Thurmond reported that two clinic dates had been held so far. The clinic is open on Wednesdays from 5:00 PM to 9:00 PM.• Mr. Thurmond said Jean Jordan is the coordinator of the clinic in Franklin. Mr. Thurmond said the clinic is in need of more volunteers. Kathy McGaha briefly reviewed the positions available for volunteers. <p><u>Chronic Disease Committee</u> – Teresa Breedlove, Chair</p> <ul style="list-style-type: none">• Ms. McGaha reported that this committee had recently gone through a WIKI training conducted by MAHEC personnel. Ms. McGaha explained the WIKI will contain local information of activities, programs and events being conducted in the western counties.• Ms. McGaha next talked about Macon and Jackson counties receiving a Physical Education Program (PEP) Grant. Ms. McGaha explained		

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	<p>that this is a three-year grant issued by the Department of Education. Ms. McGaha said Cindi Simmons, from Jackson County, was chosen as the Grant Director. Ms. McGaha explained that one component of the grant will allow for a physical fitness and equipment area in each middle school and high school in the two county area.</p> <p><u>Community Needs Assessment</u> – Anne Hyder, Chair</p> <ul style="list-style-type: none"> • Anne Hyder stated that a small group of members from the last Community Needs Assessment Committee discussed who should be invited to participate as members for the next assessment. The people suggested will be contacted and asked to participate. • Ms. Hyder said this group also reviewed the last assessment and discussed what specific components could be completed with limited funding. The members agreed that the most desired component was the telephone interviews. Ms. McGaha said she had obtained two quotes to cover this process. • Ms. McGaha also briefly discussed the County Health Rankings that had recently been published. Ms. McGaha reported that Macon County had ranked 44th in the state for overall health and 9th overall in western North Carolina. Ms. McGaha also said that Macon County was 44th out of the 100 counties for Health Outcomes and 15th for Health Factors. <p><u>Elder Care and Caregivers Committee</u> – Sheila Southard, Chair</p> <ul style="list-style-type: none"> • Ms. McGaha explained that this committee is currently discussing and reviewing Senior Friendly Communities. Ms. McGaha said this committee is in the process of organizing a 		

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	<p>presentation that will be presented to the Board of Commissioners.</p> <ul style="list-style-type: none"> Ms. McGaha announced that the Senior Expo and Health Fair will be held on Thursday, April 29th. It will be held from 10:00 AM – 2:00 PM at the Community Facilities Building. <p><u>Environmental Quality Task Force</u> – Barry Patterson, Chair</p> <ul style="list-style-type: none"> Ms. McGaha stated that this task force will next look at water quality issues and how to educate the community on this issue. Ms. McGaha said the task force is made up of many different environmental members of the community and a lot of different topics have been reviewed in the past meetings. <p><u>Mental Health Committee</u> – Jim Bruckner, Chair</p> <ul style="list-style-type: none"> Ms. McGaha said this committee has not met recently. Ms. McGaha did inform the committee members that Smoky Mountain Center would be transferring its mental health services to private companies. Ms. McGaha said she would report on this transfer more at the next meeting. <p><u>Strengthening Families Committee</u> – Vanessa Bailey, Chair</p> <ul style="list-style-type: none"> Ms. McGaha reported on the success of the Warmth in Winter event held on January 27th at CARENET. Ms. McGaha said hopefully this will become an annual event. Ms. McGaha also reported on the Homeless Count that had been conducted in conjunction with the Warmth in Winter event. Ms. McGaha said the reports will be reviewed at the next meeting of the Strengthening Families Committee meeting being held on March 18th. This committee will then decide on what steps to take next. 		

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	<ul style="list-style-type: none"> • Ms. McGaha also reminded the committee members that the Resource Center is located in the Senior Services Building. Ms. McGaha informed the committee members that information for Macon County is still needed, so please send in information on any business, organization, club or activity for our county. <p><u>Substance Abuse Task Force – Robby Holland, Chair</u></p> <ul style="list-style-type: none"> • Ms. McGaha reported that six members of this task force had recently made a trip to Wilkes County. This group went to review the Project Lazarus program being used there to combat prescription drug abuse and unintentional drug overdoses. • Ms. McGaha said one part of this program that the task force is considering pursuing further is the use of the North Carolina Control Substance Reporting System. Ms. McGaha explained that this system was implemented by the North Carolina Department of Health and Human Services to monitor outpatient dispensing of prescription controlled substances on a statewide basis. Ms. McGaha said this system can be accessed by North Carolina physicians, dentists and pharmacists. 		
Other Items for Discussion	<p>Other Items for Discussion:</p> <ul style="list-style-type: none"> ○ Childcare Issues Committee – Ms. McGaha briefly updated the committee members on the progress of this committee. Ms. McGaha stated that the Childcare Issues Committee had just compiled a booklet and did a presentation to the Board of Commissioners. Ronnie Beale had also presented the booklet and did a brief review of the work of the Childcare Issues Committee at a state conference. 		

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	<ul style="list-style-type: none"> <li data-bbox="520 193 1213 737">○ Full Partnership Meeting – Ms. McGaha reminded the committee members that it is time for the next Full Partnership Meeting. Ms. McGaha said she would like to either move the meeting to April or June. The committee members thought it would be better in June and suggested June 23rd as a possible date. Holly Rogers offered to check on the availability of a room at Macon Bank. Ms. McGaha also asked about a main topic for the meeting. Several suggestions were made, so Ms. McGaha will send out an email to all board members and let them vote for their choice. Ms. McGaha said she would use the top two choices for the main topics. <li data-bbox="520 781 1213 992">○ Public Health Hero Event – Ms. Hyder informed the committee members of an upcoming event that will recognize a public health hero and will be tied in with Public Health Month (April). Ms. Hyder asked the committee members to nominate anyone they thought deserved this award. <li data-bbox="520 1036 1213 1214">○ Governor’s Task Force – Ms. Hyder also informed the committee members that Ms. McGaha had been nominated for a position on the Governor’s Task Force. Everyone congratulated Ms. McGaha for this accomplishment. <li data-bbox="520 1258 1213 1463">○ Western North Carolina Health Coalition Summit – Ms. Rogers informed the committee members about an upcoming summit. Ms. Rogers said panel members were needed for this summit and she would be in contact with some members of this committee to possibly serve as one. 	<p data-bbox="1236 193 1625 371">Kathy McGaha will send out an email to board members to select the top two topics to discuss at the Full Partnership Meeting.</p> <p data-bbox="1236 415 1625 553">Holly Rogers will check on the availability of a room at Macon Bank once the date has been established.</p>	
Next Meeting Date	The next meeting date for the Steering Committee will		

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	coincide with the annual Full Partnership Meeting. The date will be determined later and all members will be notified.		